

## Good Communication in Practice

EVENT	EVENT DESCRIPTION	FEELING	THINK	WHAT YOU WANT
<i>Write a brief description of the event.</i>	<i>Construct a statement describing your significant other's action in the event.</i>	<i>Let him or her know how you felt.</i>	<i>What were your hidden thoughts about the event?</i>	<i>What would you like to see happen in the future?</i>
	When you. . .	I felt. . .	I thought to myself or was thinking. . .	And I want you to. . .