

## Good Communication in Practice

EVENT	EVENT DESCRIPTION	FEELING	THINK	WHAT YOU WANT
<p><i>Write a brief description of the event.</i></p>	<p><i>Construct a statement describing your significant other's action in the event.</i></p> <p>When you...</p>	<p><i>Let him or her know how you felt.</i></p> <p>I felt...</p>	<p><i>What were your hidden thoughts about the event?</i></p> <p>I thought to myself or was thinking...</p>	<p><i>What would you like to see happen in the future?</i></p> <p>And I want you to...</p>